

MEN'S HEALTH MATTERS

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GOLD COAST UROLOGIST
DR MARTIN ELMES



Offering your patients
leading Urological care

WELCOME TO THE NEW GOLD COAST UROLOGIST OFFICE



**299 RIO VISTA BOULEVARD
MERMAID WATERS 4218**

Our new office is conveniently located centrally for new and existing patients between Pindara Private and John Flynn Private Hospitals with excellent patient parking.

This newly renovated building offers an open floor plan with superb water views and is located only a 2 minute drive from QSuper centre with Radiology and pathology services available.

We are excited to welcome your patients to our new office where they will be provided superior Urological Care where I continue to offer, among others, the below services:

- **PSA Surveillance & Management**
- **Prostate Cancer Robotic Surgery – Advanced Robotic Erectile nerve/pelvic floor spare surgery**
- **Benign Prostatic Hyperplasia (BPH)**
 - **UroLift (internal stitches)**
 - **Rezum (Prostate Steam)**
 - **HoLEP (Laser Enucleation)**
- **Kidney Cancer - Robotic Partial & Radical Nephrectomy**
- **Penile Prosthesis Post Robotic Prostatectomy Rehabilitation**

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Youtube: Gold Coast Urologist

THE DA VINCI ROBOT

THE LEADING SURGICAL TREATMENT FOR PROSTATE & KIDNEY CANCER

LATEST ROBOTIC TECHNIQUE ADVANCEMENT

- A new minimal apical dissection/lateral prostatic fascia preservation technique - maximised preservation of periurethral tissue around urethral stump avoiding classic incision of the endopelvic fascia; outcomes:
 - 1-week continence rate of 37%
 - 6-week rate was 77.6%
 - Potency rates were 69%, 82%, and 92% at 3 months, 6 months, and 1 year, respectively
- Post operative continence recovery is reported to be influenced by the amount of fascia preservation of the lateral aspect of the prostate
- In addition, assists and enhances erectile nerve spare
- We have many men who are at various stages post their surgery that are happy to speak to patients who have been diagnosed. We find this to be so valuable for men to put them at ease and make the difficult journey a little less stressful.

BENEFITS OF THE DA VINCI ROBOT

Significantly less pain

Less blood loss

A shorter hospital stay

A faster return to normal daily activities

Quicker return to work

Improved erectile nerve sparing

SAVE THE DATE CPD GP EDUCATION EVENING

THURSDAY 16TH MARCH 2023

Minimally invasive Laser surgery advancements for BPH
Dr Martin Elmes

Robotic Hip & Knee Arthroplasty
Dr David Agolley

Register your interest to Olivia at marketing@goldcoasturologist.com.au